



# DISASTER SUPPLY KIT CHECKLIST

## General

- ☐ Two week minimum supply of medication(s) and regularly used medical supplies
- ☐ Information on any required medical devices
- ☐ Batteries and cell phone chargers
- ☐ Flashlights
- ☐ NOAA Weather Radio (hand cranked or battery operated)
- ☐ Cash as banks and ATMs may not be available
- ☐ Books, games, puzzles or other activities for kids

## Phone Numbers

- ☐ County and City emergency
- ☐ Doctors
- ☐ Veterinarian
- ☐ Schools
- ☐ Friends and family

## Clothing

- ☐ Rain jackets, hats, umbrellas and rain boots
- ☐ Sturdy shoes or boots and work gloves

## Vehicles

- ☐ Keep your motor vehicle tanks filled with gasoline

## First Aid

- ☐ First Aid Manual
- ☐ Sterile adhesive bandages in different sizes
- ☐ Sterile gauze pads
- ☐ Hypoallergenic adhesive tape
- ☐ Scissors and tweezers
- ☐ Antiseptic
- ☐ Disinfectant wipes
- ☐ Hand sanitizer
- ☐ Thermometer
- ☐ Safety pins
- ☐ Soap
- ☐ Latex gloves
- ☐ Sunscreen
- ☐ Aspirin or other pain reliever
- ☐ Anti-diarrheal medicine
- ☐ Antacid
- ☐ Laxative
- ☐ Cotton balls
- ☐ Q-tips

## Pet Care

- ☐ Pet food and water to last a minimum of 7 days
- ☐ Water and food bowls
- ☐ Medications
- ☐ Medical records/microchip information
- ☐ Carrier or crate
- ☐ Leash and muzzle

## Important Documents

- ☐ Insurance cards
- ☐ Medical records
- ☐ Prescription information
- ☐ Banking information
- ☐ Credit cards
- ☐ Social security cards (or copies)
- ☐ Birth and/or marriage certificates (or copies)
- ☐ Other personal documents
- ☐ Car, house and office keys
- ☐ Vet records, proof of ownership, and/or service animal ID

*\*These items should be kept in a water proof container.*

## Food and Water

- ☐ Food for minimum of 7 days: nonperishable packaged or canned food, snacks, baby food, and special dietary items.
- ☐ Juices
- ☐ Water (1 gallon per person, per day)
- ☐ Can opener (non-electric)
- ☐ Paper plates and napkins
- ☐ Plastic cups and utensils

## Specialty Items

- ☐ For infants, small children, the elderly, and/or family members with disabilities.